

LONG

DISTANCE CHAMPION

<i>Event 1 - 1km LC - Males</i>		<i>Age Group 20 - 29</i>				
	First Name	Last Name	Team	Fins/NoFins	Race Time	Points
1	Mostafa	Hossam	Fit4life Egypt	No	15:04.0	50
2	Ahmed	El Geziry	Individual	No	15:09.0	47
3	Mohamed	Ayman Ebtehal	SwiMaster	No	16:45.2	45
4	Seif	Abostate	Fit4life Egypt	No	18:09.0	43
5	Michael	Thabet	SwiMaster	No	19:40.59	41
6	Mohamed	Salama	Start	No	24:11.39	39
7	Ahmed	Tarek	The Trimachine	No	26:14.0	37

<i>Event 1 - 1km LC - Males</i>		<i>Age Group 30 - 39</i>				
	First Name	Last Name	Team	Fins/NoFins	Race Time	Points
1	Moataz	Abdelmegeed	Individual	No	13:50.0	50
2	Hossam	Elghazaly	Fit4life Egypt	No	14:37.0	47
3	Mostafa	Said zaki	Maadi Athletes	No	15:45.0	45
4	Ahmed	Darweesh	Fit4life Egypt	No	16:01.0	43
5	Hussien	Abdelkhalek	Start	No	18:56.0	41
6	Hazem	Treasure	Individual	No	19:00.0	39
7	Ahmed	Ali	Start	No	20:47.0	37
8	Ahmed	Abousafy	Start	No	20:58.0	35
9	Sherif	El Baz	The Trimachine	No	21:33.0	33
10	Haitham	Saif	Maadi Athletes	No	22:11.0	31
11	Mostafa	Ahmed	Start	No	23:00.0	29
12	Mohamed	Abbas	Fit4life Egypt	No	23:06.0	27
13	Abdelrahman	Abdelsalam	Fit4life Egypt	No	23:40.0	25
14	Daniel	Hany	SwiMaster	No	24:19.0	23
15	Mostafa	Darwish	Start	No	24:34.0	21
#	Mohamed	Essam	Start	No Show	No Show	0
#	Waly	Abdellatif	Start	No Show	No Show	0

LONG

DISTANCE CHAMPION

<i>Event 1 - 1km LC - Males</i>		<i>Age Group 40 - 49</i>				
	First Name	Last Name	Team	Fins/NoFins	Race Time	Points
1	Kareem	Rasmy	Individual	No	17:53.0	50
2	Geoff	Pike	MS Swimming Academy	No	18:15.0	47
3	Mohammad	Abd elmoaty	Fit4life Egypt	No	20:54.0	45
4	Ahmad	Kamal	Fit4life Egypt	No	21:00.0	43
5	Karim	Essam	Fit4life Egypt	No	23:17.0	41
#	Ahmed	Ghazal	STAMINA Sports & Fitness	No Show	No Show	0

<i>Event 1 - 1km LC - Males</i>		<i>Age Group 50+</i>				
	First Name	Last Name	Team	Fins/NoFins	Race Time	Points
1	Walid	Zayed	Individual	No	13:34.57	50
2	Walid	Elsheikh	Start	No	16:45.12	47
3	Wael	El Gharbawy	Individual	No	18:56.0	45
4	Amr	El Gayesh	Maadi Athletes	No	19:38.0	43

<i>Event 1 - 1km LC - Females</i>		<i>Age Group 20 - 29</i>				
	First Name	Last Name	Team	Fins/NoFins	Race Time	Points
1	Yousr	Elnowaihi	Fit4life Egypt	No	19:27.0	50
2	Amira	Fathy	Fit4life Egypt	No	21:13.0	47
3	Roxane	Fawzi	STAMINA Sports & Fitness	No	23:03.0	45
4	Marina	Metry	Start	No	26:11.0	43

LONG

DISTANCE CHAMPION

<i>Event 1 - 1km LC - Females</i>		<i>Age Group 30 - 39</i>				
	First Name	Last Name	Team	Fins/NoFins	Race Time	Points
1	Shorouk	El Shennawi	Maadi Athletes	No	15:32.0	50
2	Asmaa	Aly	Fit4life Egypt	No	18:01.0	47
3	Camille	Bonino	Fit4life Egypt	No	20:06.0	45
4	Sarah	Louis	Individual	No	22:31.0	43
5	Radwa	Reda	Start	No	22:33.0	41
6	Mariam	Amir	SwiMaster	No	23:08.0	39
7	Joséphine	Désert	MS Swimming Academy	No	26:05.0	37
8	Maie	Magdy	Start	No	26:14.0	35
9	Perihan	Atia	Fit4life Egypt	No	26:33.0	33
10	Raghda	Bahaa	SwiMaster	No	28:45.0	31

<i>Event 1 - 1km LC - Females</i>		<i>Age Group 40 - 49</i>				
	First Name	Last Name	Team	Fins/NoFins	Race Time	Points
1	Samaa	Sultan	Skylane Sports	No	17:24.33	50
2	Passant	Amer	Start	No	24:05.0	47
3	Sarah	Hegazy	Fit4life Egypt	No	29:29.0	45

<i>Event 2 - 1/2km LC - Males</i>		<i>Age Group 20 - 29</i>				
	First Name	Last Name	Team	Fins/NoFins	Race Time	Points
1	Karim	Ashraf	MS Swimming Academy	No	8:16.0	25
2	Mostafa	Soliman	MS Swimming Academy	No	8:47.91	22
3	Yahia	Elhariri	MS Swimming Academy	No	9:22.0	21
4	Mohamed	Adel	Start	No	10:39.0	20
5	Omar	Akram	Fit4life Egypt	No	10:55.0	19
6	Mostafa	Hussein	Skylane Sports	No	10:55.07	18
7	Abdelsamia	Elshamy	Start	No	11:50.0	17
8	Hossameldin	Eassa	Start	No	12:24.0	16
9	Muhamed	Raafat	Fit4life Egypt	No	12:30.0	15
10	Ahmed	Tarek	The Trimachine	No	13:16.0	14

LONG

DISTANCE CHAMPION

<i>Event 2 - 1/2km LC - Males</i>		<i>Age Group 30 - 39</i>				
	First Name	Last Name	Team	Fins/NoFins	Race Time	Points
1	Moataz	Abdelmegeed	Individual	No	6:42.0	25
2	Hossam	Elghazaly	Fit4life Egypt	No	6:54.0	22
3	Ahmed	El Haddad	Start	No	7:59.0	21
4	Karim	Marwan	Fit4life Egypt	No	8:45.0	20
5	Hassan	Khaled	Fit4life Egypt	No	9:09.0	19
6	Hazem	Treasure	Individual	No	9:31.0	18
7	Sherif	Fathy	Start	No	9:57.0	17
#	Mina	Metry	Start	Yes	10:35.12	8
8	Mohamed	Mohsen	Start	No	10:36.0	16
9	Sary	Mamdouh	SwiMaster	No	11:38.36	15
10	Mohamed	Essam	Start	No	11:39.0	14
11	Moataz	Abozaid	Fit4life Egypt	No	11:49.0	13
12	Ahmed	Raafat	Fit4life Egypt	No	11:59.0	12
13	Shehab	Barakat	Start	No	12:23.0	11
14	Noor	El Mahallawi	Fit4life Egypt	No	12:27.0	10
15	Ayman	Bashi	Fit4life Egypt	No	12:27.98	9
#	Ahmed	Abousafy	Start	No Show	No Show	0

<i>Event 2 - 1/2km LC - Males</i>		<i>Age Group 40 - 49</i>				
	First Name	Last Name	Team	Fins/NoFins	Race Time	Points
1	Kareem	Rasmy	Individual	No	8:36.16	25
2	Geoff	Pike	MS Swimming Academy	No	8:57.0	22
#	Mohamed	Hussein	Start	Yes	9:37.0	10.5
3	Ahmad	Kamal	Fit4life Egypt	No	10:01.0	21
4	Mohamed	Mokhtar	Fit4life Egypt	No	10:45.0	20
5	Mahmoud	Naguib	SwiMaster	No	10:49.0	19
6	Sherif	Selim	Start	No	11:19.0	18
7	Walid	Abdel Wareth	Fit4life Egypt	No	13:33.0	17

LONG

DISTANCE CHAMPION

<i>Event 2 - 1/2km LC - Males</i>		<i>Age Group 50+</i>				
	First Name	Last Name	Team	Fins/NoFins	Race Time	Points
1	Walid	Zayed	Individual	No	6:39.0	25
2	Nabil	Ibrahim	Fit4life Egypt	No	7:46.0	22
3	Wael	ElGahrbawy	Individual	No	9:21.0	21

<i>Event 2 - 1/2km LC - Males</i>		<i>Age Group 15 - 19</i>				
	First Name	Last Name	Team	Fins/NoFins	Race Time	Points
1	Mostafa	Elkhashab	MS Swimming Academy	No	9:03.0	25

<i>Event 2 - 1/2km LC - Boys</i>		<i>Age Group 11 - 14</i>				
	First Name	Last Name	Team	Fins/NoFins	Race Time	Points
1	Daniel	Sherif	SwiMaster	No	9:00.0	25
2	Seif	Sherif Waer	Fit4life Egypt	No	11:59.0	22
3	Eyad	Ashraf	Fit4life Egypt	No	14:05.0	21

<i>Event 2 - 1/2km LC - Boys</i>		<i>Age Group 7 - 10</i>				
	First Name	Last Name	Team	Fins/NoFins	Race Time	Points
1	Omar	Amer	Fit4life Egypt	No	9:33.0	25
2	Selim	Sherif Waer	Fit4life Egypt	No	10:30.0	22
3	Manith	Singh Shah	Individual	No	11:22.0	21
4	Mansour	Ahmed Zaki	Fit4life Egypt	No	11:51.0	20

<i>Event 2 - 1/2km LC - Females</i>		<i>Age Group 20 - 29</i>				
	First Name	Last Name	Team	Fins/NoFins	Race Time	Points
1	Hania	Hossam	Individual	No	6:55.0	25
2	Sarah	Fouad	Start	No	7:31.0	22
3	Salma	Osama	Fit4life Egypt	No	10:08.0	21
4	Zeina	Shahine	Start	No	10:57.43	20
#	Basant	Elmonairy	Start	Yes	11:32.0	9.5
5	Dina	Khaled	Fit4life Egypt	No	13:52.0	19

LONG

DISTANCE CHAMPION

<i>Event 2 - 1/2km LC - Females</i>		<i>Age Group 30 - 39</i>				
	First Name	Last Name	Team	Fins/NoFins	Race Time	Points
1	Shorouk	ElShennawi	Fit4life Egypt	No	7:33.0	25
2	Asmaa	Aly	Fit4life Egypt	No	8:58.0	22
3	Nahla	Assaad	Start	No	9:59.0	21
4	Rana	Tarek	SwiMaster	No	10:23.20	20
5	Dalia	Sharaf	Start	No	10:57.0	19
6	Radwa	Mohamed Ibrahim	Fit4life Egypt	No	11:13.0	18
7	Mariam	Amir	SwiMaster	No	11:29.0	17
8	Nohira	Aljabali	Fit4life Egypt	No	11:41.0	16
9	Sara	El behwashy	Start	No	11:44.0	15
10	Reem	Elzorkani	Fit4life Egypt	No	11:59.0	14
11	Yasmeen	Oraby	Start	No	14:04.04	13
12	Bothayna	Samir Alsayed	SwiMaster	No	14:05.91	12
13	Monda	Joseph	Start	No	14:12.0	11

<i>Event 2 - 1/2km LC - Females</i>		<i>Age Group 40 - 49</i>				
	First Name	Last Name	Team	Fins/NoFins	Race Time	Points
1	Iman	Ahmed	Fit4life Egypt	No	9:54.62	25
#	Dina	Sabet	Start	Yes	13:45.0	10.5
#	Reem	Etman	Fit4life Egypt	Yes	14:20.0	10
2	Rasha	Hamdy	Fit4life Egypt	No	15:39.0	22
3	Passant	Hawash	Start	No Show	No Show	0

<i>Event 2 - 1/2km LC - Females</i>		<i>Age Group 50+</i>				
	First Name	Last Name	Team	Fins/NoFins	Race Time	Points
#	Nancy	Tosson	Start	Yes	12:20.0	12.5
1	Mary	Girgis	Start	No	17:25.0	25

<i>Event 2 - 1/2km LC - Females</i>		<i>Age Group 15 - 19</i>				
	First Name	Last Name	Team	Fins/NoFins	Race Time	Points
1	Hagar	Ahmed	Start	No	11:55.72	25

LONG

DISTANCE CHAMPION

<i>Event 2 - 1/2km LC - Girls</i>		<i>Age Group 11 - 14</i>				
	First Name	Last Name	Team	Fins/NoFins	Race Time	Points
1	Nour	Ihab	Fit4life Egypt	No	10:18.0	25
2	Habiba	Mokhtar	Fit4life Egypt	No	11:49.0	22

<i>Event 2 - 1/2km LC - Girls</i>		<i>Age Group 7 - 10</i>				
	First Name	Last Name	Team	Fins/NoFins	Race Time	Points
1	Lucile	George	Fit4life Egypt	No	13:13.0	25
2	Farida	Magdy Amin	Fit4life Egypt	No	13:32.0	22

<i>Event 3 - 50m W/Fins LC - Males</i>		<i>Open Age</i>			
	First Name	Last Name	Team	Age Group	Race Time
1	Omar	Eid	Individual	20 - 29	22.70
2	Seif	Abostate	Fit4life Egypt	20 - 29	24.35
3	Abdelrhman	Ehab	Individual	20 - 29	24.56
4	Ziad	Hossam	Fit4life Egypt	20 - 29	25.82
5	Daniel	Hany	SwiMaster	30 - 39	27.04
6	Ahmed	Ayman	Fit4life Egypt	20 - 29	27.14
7	Nabil	Ibrahim	Fit4life Egypt	50+	27.18
8	Karim	Essam	Fit4life Egypt	40 - 49	32.47
9	Sary	Mamdouh	SwiMaster	30 - 39	34.20
10	Mostafa	Darwish	Start	30 - 39	34.90
11	Marwan	Tarek	Fit4life Egypt	20 - 29	No Show
12	Muhamed	Raafat	Fit4life Egypt	20 - 29	No Show

LONG

DISTANCE CHAMPION

Event 3 - 50m W/Fins LC - Females Open Age

	First Name	Last Name	Team	Age Group	Race Time
1	Farida	Eid	Fit4life Egypt	20 - 29	28.31
2	Zeina	Shahine	Start	20 - 29	33.38
3	Yousr	Elnowaihi	Fit4life Egypt	20 - 29	33.55
4	Camille	Bonino	Fit4life Egypt	30 - 39	34.94
5	Bothayna	Samir Alsayed	SwiMaster	30 - 39	43.32
6	Dina	Khaled	Fit4life Egypt	20 - 29	46.19
7	Shahinaz	Dewidar	Fit4life Egypt	30 - 39	47.52

Event 4 - 1KM LC - Mixed Open Age

	Team Name	Academy	# of Swimmers	Race Time	Points
1	EISaroukh	Fit4life Egypt	9	11:13.69	100
2	Start 444	Start	10	11:37.65	90
3	Maadi Athletes	Maadi Athletes	4	13:44.07	150
4	Start 222	Start	10	14:50.0	85
5	SwiMaster Team	SwiMaster	10	15:29.65	80
6	MS Team	MS Swimming	6	15:44.0	135
7	Start 111	Start	10	16:51.0	75
8	Triple A	Fit4life Egypt	3	17:09.50	200
9	Fit4life	Fit4life Egypt	10	17:18.73	70
10	Start 333	Start	10	19:33.36	65
11	Skylane	Skylane Sports	4	20:26.57	127
12	Raafats	Fit4life Egypt	6	20:39.91	120
13	Starzii	Fit4life Egypt	10	DQ	DQ
14	Glide-Nation	Glide	5	No Show	No Show

LONG

DISTANCE CHAMPION

OUTSTANDING PERFORMANCES

50m W/Fins		Open Age
Males	Omar Eid	22.70
Females	Farida Eid	28.31

Fastest 1/2 KM		Overall
Males	Walid Zayed	6:39.0
Females	Hania Hossam	6:55.0

Fastest 1 KM		Overall
Males	Walid Zayed	13:34.57
Females	Shorouk El Shennawi	15:32.0

MVP		Points
Males	Walid Zayed	112.5
Females	Mariam Amir	64

Junior & Legend		YOB
Junior	Lucile George	2014
Legend	Nabil Ibrahim	1959

LONG

DISTANCE CHAMPION

LDC 1.0 LEAGUE RANKING

1	Fit4life Egypt	1630 Points
2	Start	1110 Points
3	SwiMaster	369 Points
4	MS Swimming Academy	334 Points
5	Maadi Athletes	171 Points
6	Skylane	146 Points
7	The Trimachine	85 Points
8	STAMINA Sports & Fitness	45 Points